

Dydroclub 30 SR

Dydrogesterone 30mg SR Tablet

A Selective Progestogen for Hormonal Balance and Pregnancy Support

Composition (Per Tablet):

- **Dydrogesterone** – 30mg (Sustained Release)

Product Overview:

Dydrogesterone is a **synthetic progestogen** that mimics the natural hormone **progesterone**, essential for maintaining a **healthy menstrual cycle, supporting pregnancy, and treating hormonal imbalances**. It is widely used for the treatment of **irregular menstrual cycles, luteal phase insufficiency, recurrent miscarriages, and hormone replacement therapy (HRT) in menopause**.

This **Sustained Release (SR) formulation** ensures **gradual and prolonged hormone release**, providing **consistent therapeutic benefits with reduced dosing frequency**.

Key Benefits:

- **Regulates menstrual cycles** and treats hormonal imbalances
- Supports **pregnancy in women with progesterone deficiency**
- Prevents **recurrent miscarriages and luteal phase defects**
- Reduces symptoms of **premenstrual syndrome (PMS) and dysmenorrhea**
- Helps in **hormone replacement therapy (HRT) during menopause**
- Non-androgenic and does not affect lipid metabolism

How It Works:

Dydrogesterone works by mimicking the natural progesterone hormone, ensuring:

1. **Endometrial Support:** Prepares the uterus for implantation and maintains pregnancy.
2. **Hormonal Balance:** Regulates progesterone levels, preventing menstrual irregularities and hormone-related disorders.
3. **Luteal Phase Support:** Strengthens the uterine lining, preventing miscarriage in pregnancy-related conditions.

Indications:

- **Menstrual Disorders** (irregular cycles, dysmenorrhea, secondary amenorrhea)
- **Luteal Phase Deficiency & Infertility**
- **Threatened & Recurrent Miscarriage**
- **Premenstrual Syndrome (PMS)**
- **Endometriosis**
- **Hormone Replacement Therapy (HRT) for Menopause**

Dosage & Administration:

- **For Menstrual Irregularities:** 10-30mg per day as prescribed by a doctor
- **For Pregnancy Support & Recurrent Miscarriage:** 10-40mg per day in divided doses
- **For HRT:** 10-20mg daily in combination with estrogen therapy
- **Take with or without food;** swallow whole with water
- **Follow the prescribed duration** for best results

Precautions & Warnings:

- Not for use in individuals with **undiagnosed vaginal bleeding or severe liver disorders**
- Use with caution in women with a **history of thromboembolic disorders**
- Not recommended for **breast cancer patients**
- Consult a doctor before use if pregnant or breastfeeding
- Avoid **alcohol** while taking this medication

Side Effects (Rare and Mild):

- Mild nausea or bloating
- Breast tenderness

- Headache or dizziness
- Mood changes
- Skin rashes (rare cases)

Storage Instructions:

- Store in a **cool, dry place**, away from direct sunlight
- Keep out of reach of children
- Do not refrigerate or freeze

Why Choose This Product?

- **Clinically proven progestogen** with high safety and efficacy
- **Supports pregnancy and hormonal balance**
- **Sustained-release formulation** for long-lasting benefits
- **Does not cause androgenic side effects** like weight gain or acne

For best results, follow your doctor's **prescription and lifestyle recommendations**. If symptoms persist, consult a healthcare professional.

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

TM: Trademark Applied for